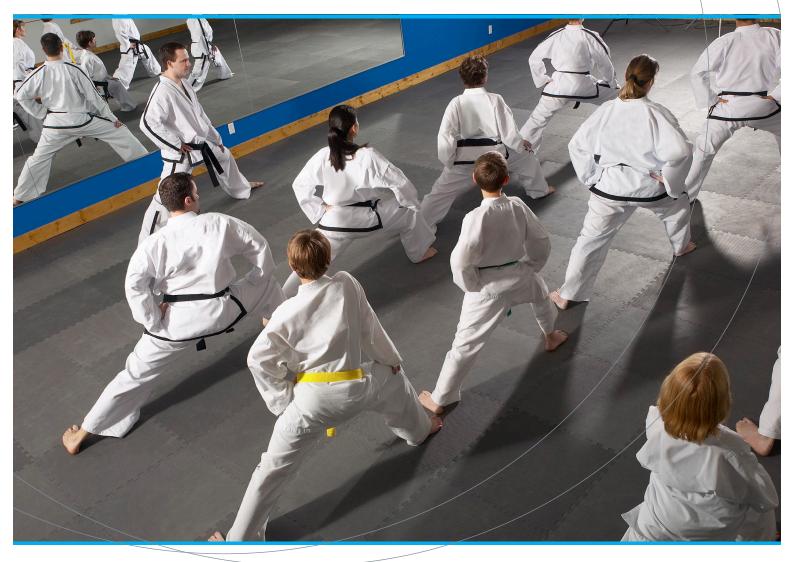
GROUP MARTIAL ARTS.



MONTHLY RATES INDIVIDUAL FAMILY

Member \$100 \$150 Non-Member \$125 \$165

- Private Lesson Rate: \$100 per hour
- Attend as many classes as you would like.

Call Mike Proctor, Cooper Fitness Center Martial Arts Pro to register.

972.233.4832, ext. 4428

MONTHLY SCHEDULE

Mondays:

4-4:45 p.m. Juniors Ages 5-12 Mind/Body Studio

Wednesdays:

4-4:45 p.m. Juniors Ages 5-12 Mind/Body Studio 6-7:30 p.m. All Belts All Ages Gym Floor

Saturdays:

1-2:30 p.m. All Belts All Ages Aerobics & Mind/Body Studios 2:30-4 p.m. Advanced Brown & Black Belts Aerobics & Mind/Body Studios

