

STOPPING DISEASE BEFORE IT STARTS

Get Cooperized™



Cooper Clinic™
Preventive Medicine
A COOPER AEROBICS COMPANY



A MULTI-SPECIALTY PRACTICE FOCUSED ON PREVENTION

In addition to our exam's foundational components, these specialty services and screenings may be added if elected or medically indicated.

Cardiovascular Screening

Heart disease is a leading killer of men and women in the U.S. Fortunately, it is also preventable and treatable. Because heart disease is often asymptomatic in its early stages, cardiovascular screening is a fundamental component of prevention. In addition to treadmill/bike stress testing and a Dual Source CT scan, your Cooper Clinic physician may recommend cardiovascular testing including echocardiography and CT angiography.

Imaging Procedures

Early detection of disease can be lifesaving. Our state-of-the-art imaging procedures include CT scanning, CT angiography, vascular and abdominal ultrasound, advanced 3D mammography, DEXA bone density scan, whole body fat scan and virtual colonoscopy.

Breast Health

Having regular screenings is the best way to detect breast cancer early, when it is most treatable. We offer 3D mammography, the best in breast health, with same-day results reviewed by our board-certified diagnostic radiologist and breast health subspecialist. Based on the patient's need, a breast sonogram can also be performed the same day.

Medical Screenings

Our general health screenings are wide-ranging including tests for hearing, vision, pulmonary/lung function, body fat and the vocal cords.

Gastroenterology Consultation and Imaging

Our gastroenterology team focuses on digestive diseases affecting the esophagus, stomach, small intestine, colon, liver, gallbladder and pancreas. We offer colonoscopy and endoscopy exams on-site. These important services are performed on a day separate from the preventive exam, often the following day for our out-of-town patients.

Cosmetic Dermatology Consultation and Services

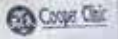
Our board-certified dermatologists can help revitalize your skin through a variety of elective cosmetic dermatology services including laser treatments, Botox® and Dysport®, dermal fillers, Kybella®, Ultherapy®, chemical peels, vein therapies and hand rejuvenation. Patients may elect to add these services on a day separate from their preventive exam.

Other Services

Based on your goals and needs, you may choose to add a Functional Fitness Assessment with an exercise physiologist, resting metabolic rate test with a registered dietitian nutritionist, complete a psychological screening and stress assessment or get your immunizations updated.



Shah, MD FAAD
Dermatology



EXECUTIVE HEALTH PROGRAM

Named one of the top destinations for a comprehensive exam by *Fortune* magazine. With nearly 50 years of clinical data and expertise to draw from, we know good health affects an individual professionally as much as it does personally. Cooper Clinic Executive Health—designed for enterprises of all sizes—helps executives improve their health to increase their productivity.

Cooper Clinic provides executives an in-depth look at the state of their health through our preventive exam, all in one day, with same-day results—ideal for the busy professional. We provide corporate leaders with health information and realistic strategies to improve their health or stay healthy.

In the work place, increasing health risks and chronic disease in the workforce reduces productivity. A healthier executive and a healthier company are good for everyone's bottom line.

cooperexehealth.com | 972.560.3227



Abram M. Eisenstein, MD

PLATINUM 24/7 PREVENTIVE AND PRIMARY CARE

Integrating preventive and primary care, fitness, nutrition and life balance, Cooper Clinic Platinum provides comprehensive care around the clock. Your Platinum physician is your trusted advisor and health advocate, working with you proactively to prevent illness and maximize your quality of life.

Your membership in Cooper Clinic Platinum is an investment in yourself with truly extraordinary benefits:

- 24/7 access to your board-certified Platinum physician and team via phone, text or email
- Tailored wellness plan with guidance in exercise, nutrition, stress management and more
- Diagnosis and ongoing management of acute and reoccurring medical problems within Cooper Clinic's current practice areas
- Same day or next business day appointments
- In-house laboratory and imaging services
- Annual and travel immunizations (available in-house)
- Personalized referrals to preferred specialists or medical centers with assistance in scheduling appointments
- Hospital and emergency room admission assistance
- Complimentary Cooper Fitness Center membership
- Preferred pricing on additional Cooper services and products

cooperclinicplatinum.com | 972.560.5490



Emily G. Hebert, MD



Michael C. Chapman, MD

“I thought I was healthy, but a Cooper Clinic exam revealed four blockages around my heart and two tumors in my right kidney.

The exam literally saved my life.”

– Bart Mize, Corporate Client, Knoxville, Tennessee



Kenneth H. Cooper, MD, MPH

Tyler C. Cooper, MD, MPH

Schedule your preventive exam today.

972.560.2667 | cooper-clinic.com



Cooper Clinic™
Preventive Medicine
A COOPER AEROBICS COMPANY

Any person depicted as a patient in this brochure is a model, not an actual patient.

12200 Preston Road, Dallas, Texas 75230 | 972.560.COOP (2667) | 866.906.COOP (2667) | cooper-clinic.com

DR. KENNETH H. COOPER'S 8 STEPS TO GET COOPERIZED™



Maintain a **HEALTHY WEIGHT**



Make **HEALTHY FOOD CHOICES** most of the time



EXERCISE most days of the week



Take the **RIGHT SUPPLEMENTS** for you



DO NOT USE TOBACCO



CONTROL ALCOHOL



MANAGE STRESS



Get a comprehensive **PHYSICAL EXAM**