

The background of the image is a soft-focus photograph of a spa setting. In the foreground, a lit candle in a frosted glass holder is the primary focus, with its flame glowing warmly. Behind it, another lit candle is visible, slightly out of focus. To the right, a large, vibrant green leaf, possibly a banana leaf, is partially visible, adding a natural and organic feel to the scene. The overall lighting is warm and ambient, creating a relaxing and serene atmosphere.

Beautiful
FIT

COOPER SPA™ *Dallas*



: MASSAGES

BEAUTIFUL FIT MASSAGE	60/90 Minutes:	\$140/\$175
🍷 DEEP TISSUE MASSAGE	50/80 Minutes:	\$115/\$145
🍷 SWEDISH MASSAGE	50/80 Minutes:	\$105/\$135
🍷 FITNESS STRETCHING MASSAGE	50/80 Minutes:	\$115/\$145
PREGNANCY AND POSTPARTUM MASSAGE	50/80 Minutes:	\$115/\$145
AROMATHERAPY ENHANCEMENT		\$20
STONE THERAPY ENHANCEMENT		\$20
MOROCCANOIL® LEAVE-IN HAIR ENHANCEMENT		\$20

: BODY CARE

HARMONIC LAVENDER SUGAR SCRUB	80 Minutes:	\$155
DETOXIFICATION BODY WRAP	80 Minutes:	\$155
🍷 ULTIMATE HYDRATION RITUAL	80 Minutes:	\$155
FIT BODY SCRUB FOR HIM	80 Minutes:	\$155

: MANICURES

🍷 BEAUTIFUL FIT MANICURE	40 Minutes:	\$45
ANTI-AGING MANICURE	40 Minutes:	\$50
NOURISHING ALMOND MANICURE	40 Minutes:	\$50
🍷 ESSENTIAL MANICURE	25 Minutes:	\$35
FIT MANICURE (<i>Buffed nails, no polish</i>)	25 Minutes:	\$28
VITA-GEL MANICURE	45 Minutes:	\$58

: PEDICURES

🍷 BEAUTIFUL FIT PEDICURE	60 Minutes:	\$70
ANTI-AGING PEDICURE	60 Minutes:	\$75
NOURISHING ALMOND PEDICURE	60 Minutes:	\$75
🍷 ESSENTIAL PEDICURE	45 Minutes:	\$55
FIT PEDICURE (<i>Buffed nails, no polish</i>)	40 Minutes:	\$43

🍷 *Client Favorite*

VISIT [COOPERSPA.COM/DALLAS](https://www.cooperspa.com/dallas) FOR FULL MENU DETAILS AND DESCRIPTIONS.

*prices and services subject to change



: MANICURE/PEDICURE COMPLEMENTS

POLISH CHANGE	\$20
HYDRATING PARAFFIN TREATMENT	\$18
RESTORATIVE CUTICLE OIL SOAK	\$15
FRENCH/AMERICAN POLISH	\$10
VITA-GEL REMOVAL	\$18

: SKIN CARE

☛ BEAUTIFUL FIT FACIAL	75 Minutes:	\$130
SKINCEUTICALS® FIRMING FACIAL	75 Minutes:	\$125
☛ ÉMINENCE® ORGANIC CUSTOMIZED FACIAL	75 Minutes:	\$135
☛ DEEP CLEANSING FACIAL	60 Minutes:	\$105
ANTIOXIDANT HYDRATING FACIAL	60 Minutes:	\$110
TEEN FACIAL	60 Minutes:	\$100
FIT FACIAL FOR HIM	60 Minutes:	\$105
MICRODERMABRASION EXFOLIATION TREATMENT	Face and Neck, 50 Minutes:	\$155
	Add-on to facial:	\$90
☛ SKINCEUTICALS® BRIGHTENING GLYCOLIC TREATMENT	30 Minutes:	\$80
	Add-on to facial:	\$55
ANTI-AGING COLLAGEN FACIAL MASK	45 Minutes:	\$75
	Add-on to facial:	\$50
ANTI-AGING COLLAGEN EYE TREATMENT	30 Minutes:	\$50
	Add-on to facial:	\$35

: HAIR REMOVAL BY WAXING

at time of each service, inform your esthetician of any prescriptions or topical products you are using

CHIN	\$25	ARM	\$40
LIP	\$20	BACK	Half/Full: \$45/\$75
BROW	\$25	BIKINI	\$45
FACE (Not including brow)	\$55	LEG	Half/Full: \$45/\$75
NECK	\$30	SPOT WAXING	\$20
UNDERARM	\$30		

☛ Client Favorite

VISIT COOPERSPA.COM/DALLAS FOR FULL MENU DETAILS AND DESCRIPTIONS.

*prices and services subject to change

: COSMETIC SERVICES

LASH TINTING	25 Minutes:	\$35
BROW TINTING	25 Minutes:	\$35
LASH AND BROW TINTING COMBO	30 Minutes:	\$60
EYELASH EXTENSIONS	Full set, 120 Minutes:	\$250
	Basic refill, 60 Minutes:	\$60

: SPA PACKAGES

BEAUTIFUL FIT ESCAPE	5 ½ Hours:	\$420
<i>(Beautiful Fit Facial, Any Body Scrub, Beautiful Fit Manicure and Pedicure and Lunch from Cedars)</i>		
ELEGANT ESCAPE	4 Hours:	\$300
<i>(Deep Cleansing Facial, 50-Minute Swedish Massage and Essential Manicure and Pedicure)</i>		
EXPECTING THE BEST	3 Hours:	\$325
<i>(Eminence Organic Facial, 50-Minute Pregnancy Massage and Nourishing Almond Pedicure)</i>		
FIT ESCAPE FOR HIM	2 ½ Hours:	\$260
<i>(Fit Facial and Fit Body Scrub)</i>		

: BEAUTIFUL FIT™

Cooper Spa's own private label—Beautiful Fit—is a 100 percent natural line of body, skin care and aromatherapy products. Featuring aromatic blends such as Lavender Citrus and Rosemary Mint, all the products are free of parabens, mineral oils and artificial fragrance. Beautiful Fit products are available online at cooperspa.com/BeautifulFit.

: COOPER CLINIC DERMATOLOGY

Cooper Clinic Dermatology is the perfect complement to Cooper Spa's therapeutic and revitalizing treatments. Our board-certified dermatologists are experts in health and beauty, using the latest preventive and cosmetic dermatology techniques available. To schedule an appointment, call 972.367.6000 or visit cooperclinicdermatology.com.

*prices and services subject to change

DALLAS

12100 Preston Road | Dallas, Texas 75230 | 972.392.7729 | dallas@cooperspa.com

Monday–Friday 9 a.m.–8 p.m.

Saturday 8 a.m.–8 p.m.

Sunday Noon–6 p.m.

CANCELLATION POLICY *Cancellations with less than a 24-hour notice will be charged 50 percent of the original value of the scheduled service. Missed appointments will be charged the full value.*

VISIT COOPERSPA.COM/DALLAS FOR FULL MENU DETAILS AND DESCRIPTIONS.

Licensed Massage Therapy Establishment ME1359
Texas Cosmetology Salon Establishment 663495