



Cooper Swim Team is an introduction to competitive swimming. All areas of swimming fundamentals including stroke techniques, competition start, dives, turns and swim meet experience are taught. Our coaching staff strives to help each swimmer build his or her skills and meet the challenge during the season while still having FUN! Team swimsuits are encouraged and can be purchased at Xtreme swim shop in Plano where they will assist in your fitting for the correct size.

## Open House/Swim Suit fitting with Xtreme Swim

Saturday | May 6 | 10AM

### PRACTICE TIMES

**Mon-Fri | May 30-June 2**

Youth (Ages 6-8): 5 - 5:30PM

Skilled (Ages 9 & over): 5:30 - 6PM

**Tues-Fri | June 6-July 14**

Youth (Ages 6-8): 12 - 12:30PM or 12:30 -

1PM Skilled (Ages 9 & over): 1 - 2PM

### Swim Meet Dates

Spring Park CC | Monday | June 5

Stonebridge CC | Tuesday | June 13

Glen Eagles CC | Tuesday | June 20

Spring Park CC | Monday | June 26

Eldorado CC | Monday | July 10

#### Divisional Championship

LISD Pool | Wednesday | July 12

### COST

Cooper Member | \$210

Non-Cooper Member | \$280

Divisional Entry Fee | \$25



### COACH PATRICK KENNEDY

Swim Professional brings over 20 years of coaching experience to Cooper Fitness Center at Craig Ranch. He will also be assisted by Coaches [MIKE HOWES](#) and [ANDIE GONZALES](#).

### TO REGISTER

email Shawna Yam  
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